

High Adventure Walks Risk Assessment

Last Review of this risk assessment: 23/07/2023

Minimum Leader qualification:		In house trained and assessed			
Max group size with Leader:		12 (15 for River walk or Local Adventure Walk)			
All Instructors should be making dynamic risk assessments on the day taking into account the weather conditions, the group's ability & any other factors that may change.					
Essential equipment					
Personal: Suitable footwear, weather appropriate clothing, food, drink,					
Group: Weather appropriate clothing, appropriate walking shoes, Lunch, Drink, Equipment for activities along the way.					
Instructor: Phone, first aid kit, group shelter, hot drink (winter months), extra water (if appropriate in hot weather), emergency food, spare emergency clothing for group (cannot supply for full group, must have a some basics, EG: hats, gloves, etc..). Map, compass & whistle for walks other than LAW or River Walk					
Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level	What precautions have been taken to reduce the risk?	Risk Level Achieved
			H/M/L		H/M/L
	Slips trips and falls.	All staff and participants.	H	Ensure that everyone is wearing appropriate footwear. Brief the group on the ground conditions. Dynamically risk assess the ground and take the group the easiest and safest way.	M
	Getting lost.	All staff and participants.	M	Staff training Take a map for walks other than LAW and river walk Let someone know where you are going by signing out in case of getting lost and not returning.	L
	Students walking off and getting lost	All participant	M	Brief the group on the dangers of going off on their own. Ensure that the group stay together at all times.	L

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During the Activity.	Students walking off and getting lost.	All participants.	M	If a participant walks off, if possible send the teacher to follow and have an instructor stay with the group.	L
	Weather related injuries.	All staff and participants.	H	Make sure that everyone has the appropriate clothing for the weather conditions before leaving.	M
				Ensure that everyone has enough water with them for the day. Monitor the group for signs of hypothermia, hyperthermia or heat stroke.	
Traffic at road crossings.	All staff and participants	M	Groups are to use crossings where possible. If there is no crossing, cross on a straight piece of road so that both ways are clear to see. When crossing the road get the group to all cross as the same time to get out of the road as quickly and safely possible. Preferably with a member of staff either side of the group.	L	

The following Risk Assessments are site specific. All site specific Risk Assessments only have addition information specific to the site. The Risk assessment above still applies to these sites, the following is additional information.

Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level	What precautions have been taken to reduce the risk?	Risk Level Achieved
			H/M/L		H/M/L
Malham & Goredale Walk.					
Instructor: As general risk assessment, plus throw line & knife.					
Wild Swimming	Getting out of depth or into difficulty if swimming at Janets Foss	Participants.	M	Staff training Instructor to have throwline & knife available	L