

High Adventure Walks Risk Assessment

Last Review of this risk assessment: 01/05/2021

Minimum Leader qualification:		In house trained and assessed or appropriate level of competence.			
Max group size with Leader:		12			
All Instructors should be making dynamic risk assessments on the day taking into account the weather conditions, the group's ability & any other factors that may change.					
Essential equipment					
Personal: Suitable footwear, weather appropriate clothing, food, drink,					
Group: Weather appropriate clothing, appropriate walking shoes, Lunch, Drink, Map, Compass, Equipment for activities along the way.					
Instructor: Phone, first aid kit, group shelter, torch, hot drink, emergency food, whistle, knife, spare emergency clothing for group (cannot supply for full group, must have a some basics, EG: hats, gloves, etc..)					
Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level	What precautions have been taken to reduce the risk?	Risk Level Achieved
			H/M/L		H/M/L
During the Activity.	Slips trips and falls.	All staff and participants.	H	Ensure that everyone is wearing appropriate footwear.	M
				Brief the group on the ground conditions.	
				Dynamically risk assess the ground and take the group the easiest and safest way.	
	Getting lost.	All staff and participants.	M	Staff training	L
				Use the map to follow where to go.	
				Let someone know where you are going by signing out in case of getting lost and not returning.	
Students walking off and getting lost.	All participant.	M	Brief the group on the dangers of going off on their own.	L	
			Ensure that the group stay together at all times.		
			If a participant walks off, if possible send the teacher to follow and have an instructor stay with the group.		

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	Weather related injuries.	All staff and participants.	H	Make sure that everyone has the appropriate clothing for the weather conditions before leaving.	M
				Ensure that everyone has enough water with them for the day.	
				Monitor the group for signs of hypothermia, hyperthermia or heat stroke.	
	Traffic at road crossings.	All staff and participants	M	Groups are to use crossings where possible.	L
				If there is no crossing, cross on a straight piece of road so that both ways are clear to see.	
				When crossing the road get the group to all cross as the same time to get out of the road as quickly and safely possible. Preferably with a member of staff either side of the group.	