

High Adventure Risk Assessment Fencing

**Last Review of this risk assessment: 01/02/2023**

Minimum Leader qualification:	British Fencing Core Coach or In house training				
Max group size with Leader:	15				
<b>All Instructors should be making dynamic risk assessments on the day taking into account the weather conditions, the group's ability &amp; any other factors that may change.</b>					
<b>Essential equipment</b>					
<b>Personal:</b> Suitable clothing for the weather.					
<b>Group:</b> Padded Tabards, fencing masks, foils, suitable footwear					
<b>Instructor:</b> Phone, first aid kit, padded tabard, fencing mask					
Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level	What precautions have been taken to reduce the risk?	Risk Level Achieved
			H/M/L		H/M/L
During activity	Muscular/skeletal injury while participating.	All staff & participants	L	Run a progressive session starting with gentle movement drills and building to full rounds. Ensure suitable, secure footwear is worn All participants and instructor to wear padded tabards and fencing masks whenever foils are in use.	L
	Falls/trips/slips	All staff & participants	L	Activity area to be kept clear of all obstructions. Bags, coats etc to be kept in the waiting area.	L
	Bruising/grazes	All staff & participants	M	All participants to wear the correct equipment Session to include activity on correct hitting technique.	L
	Spectators entering fencing area	Spectators/non participants	L	Setup and brief on a clear waiting area separate to the "activity" area.	L
	Misuse of equipment	All staff & participants	M	Foils to be controlled by the instructor, only given to participants when ready for a round or activity and taken back afterwards	L

**The following Risk Assessment is site specific, all site specific Risk Assessments only have additional information specific to the site. The**