

High Adventure Low Ropes Risk Assessment

Last Review of this risk assessment: 13/04/2023

Minimum Leader qualification:		In house training or appropriate level of experience.			
Max group size with Leader:		24			
All Instructors should be making dynamic risk assessments on the day taking into account the weather conditions, the group's ability & any other factors that may change.					
Essential equipment					
Personal: Appropriate clothing for the weather, appropriate footwear, climbing helmet.					
Group: Appropriate clothing for the weather.					
Instructor: Phone, first aid kit, knife.					
Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level	What precautions have been taken to reduce the risk?	Risk Level Achieved
			H/M/L		H/M/L
During the activity.	Falling off the course.	All participants.	H	Helmets must be worn by anyone on or around the course.	L
				Spotters to be briefed to appropriately help the person on the course.	
				Check the ground and surrounding area for foreign objects.	
	Slips, trips and falls.	All staff and participants.	H	Brief the group before the session on the hazards around the area.	L
				Everyone around the course area must wear helmets, all staff included.	
	Splinters, strangulation and entrapment.	All staff and participants.	M	Regular equipment checks to maintain the quality of the course.	L
				Group briefing to make them aware of the dangers and how to avoid them.	
				Group brief make them aware not to use the equipment other than how it is meant to be used.	
	Weather conditions.	All staff and participants.	M	Constantly monitor the group to ensure they are not at risk of any entrapment or strangulation.	L
				Ensure that everyone is wearing weather appropriate clothing.	
				Ensure that appropriate action is taken relevant to the weather e.g. have drinks available, breaks to warm up or cool down.	

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	Injury due to equipment failure	All staff and participants.	M	All equipment and structure regularly inspected according to policies. Staff trained in inspections and procedures.	L
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