

High Adventure High Ropes Risk Assessment

Last Review of this risk assessment: 13/04/2023

Minimum Leader qualification:		RCI, SPA, CWI, in house training and assessment or appropriate level of experience.			
Max group size with Leader:		15			
All Instructors should be making dynamic risk assessments on the day taking into account the weather conditions, the group's ability & any other factors that may change.					
Essential equipment					
Personal: Helmet, full body harness, appropriate footwear, weather appropriate clothing, rescue bag.					
Group: Appropriate Clothing for the weather, appropriate secure footwear.					
Instructor: Phone, first aid kit, knife.					
Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level	What precautions have been taken to reduce the risk?	Risk Level Achieved
			H/M/L		H/M/L
Setting up	Injury due to poor manual handling when lifting course elements	HA Staff	M	All rigging to be done by appropriately trained staff.	L
	Injury due to equipment failure	All staff and participants.	M	All equipment and structure regularly inspected according to policies.	L
				Staff trained in inspections and procedures.	
	Weather related injuries.	All staff and participants.	M	Check the weather forecast before the session to appropriately brief the group. Check the groups clothes are appropriate for the weather conditions. Leave the course if there is lightening and do not return until no further strikes are seen	L

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				All participant and staff are to be monitored for signs of weather related injuries such as: hypotherma or heat stroke	
During the Activity.	Participants falling to the ground.	All participants.	M	Rigging, tying in and belaying to be directly supervised by instructor at all times.	L
	Items falling from above.	All staff and participants.	H	Helmets must be worn by everyone in the High Ropes Course area.	M
				Anything in pockets must be removed before going onto the course. Well fastened shoes must be worn while taking part.	
	Falling/swinging into other participants or parts of the course.	All participants	M	Check that the course is rigged appropriately to reduce risk of hitting each other.	L
Helmets must be worn by everyone in the High Ropes Course area. Staff are to follow what they have been trained and assessed to do.					
Entrapment/ strangulation in the ropes, nets, cables or chains.	All participants	M	Participants to be lowered to the floor slowly and by instructors only. Observe throughout in case anything get snagged.	L	
			Briefing to remove snag hazards, jewelry, tie hair back etc. Instructors trained in rescue techniques.		
Unattended course	Access to the course when unsupervised	Group members and public	M	Appropriate signage on course and reasonable steps to remove access when course unattended.	L