

High Adventure Mountain Activities Risk Assessment

Last Review of this risk assessment: 13/04/2023

Minimum Leader qualification:	RCI or in house training and assessment
Max group size with Leader:	12
All Instructors should be making dynamic risk assessments on the day taking into account the weather conditions, the group's ability & any other factors that may change.	
Essential equipment	
Personal: Weather appropriate clothing, Appropriate walking shoes, Lunch, Helmet, Harness.	
Group: Weather appropriate clothing, Walking Shoes, Lunch, Drink, Helmet, Harness, Ropes, Rack.	
Instructor: Phone, first aid kit, group shelter, torch, hot drink, emergency food, whistle, knife, spare emergency clothing for group (cannot supply for full group, must have a some basics, EG: hats, gloves, etc..)	
For the Mountain Activities risk assessment please refer to the Climbing Risk Assessment and Walks Risk Assessment, as Mountain Activities is a combination of these two activities.	